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Finals Ahead: Are You Ready?

School

As the end of the year is fast approaching, and the test and grades are piling up, things might become kind of stressful. It doesn't help that, perhaps the hardest tests of the year, the mid-term and final, are also on the plate and will require constant studying and diligence if one wishes to pass.

This may all seem like a lot, but never fear: there are ways to help overcome, not only the anxiety, but also the time balancing required to study for the finals. It may all seem convoluted, a logistical nightmare in fact, but, with a little help and a lot of perseverance, it can be done.

First, it is best to begin the preparation for the finals long before the fourth quarter even begins. Start by finding out what will be on the final exactly. All teachers are different, and while you probably won't be able to get step-by-step instructions on the exact nature of the test, you can still find the major parts of the study plan that make it up. Also, be aware that some teachers don't have mid-terms; if this happens, be prepared to study a lot more, as the final may be on everything you have learned the entire school year.

Next, make sure to keep detailed

notes and have them well organized; separate folders or binders for your studying materials is recommended. This material will be useful for studying, as you now have the detailed information needed right away for you to study without having to scour a book or the computer for answers later. To cut down on work, try to make your notes more clear-cut and not word-for-word; this way you can acquire the same amount of information without the hand cramps that go along with it.

Make sure to set up an appropriate schedule for studying. Do not wait until the last week in the year before studying; you will not be able to process the massive amounts of information needed to stay ahead of the curve. All work and no play make Jack a dull boy, so don't devote all of your time to studying, as the amount of stress that is built-up can be distracting. Too much studying can be just as bad as too little.

Once you find a good groove for note-taking and studying, the finals can finally be within your grasp, but don't get overconfident; you still need to make sure that you know what is going to go down the day of your finals. For this, it is wise to talk to your

teachers about this; get to know the time and day the test will be and which subjects will you be tested on first. While all subjects are important, it is imperative that you work a little harder on subjects in which you are lacking, but don't take that as a reason to slack off in the other subjects.

Eventually, it comes down to the moment of reckoning, the days of the finals. Make sure that on each day you're taking a test (s) you get a well-balanced meal in the morning, as it is hard to concentrate on an empty stomach. Also be sure that your equipment is set up as well: two #2 pencils, a pen (if needed), an eraser, etc. Don't take forever guessing over one problem; if you're having trouble, skip over it and come back. There is no point missing multiple questions you know for one you don't; besides, it may come back to you later on.

The rest is up to you. Just remember to keep calm, take a deep breath, and remember all that you have studied. Stay focused, and, before you know it, summer vacation will be well within your reach.

By Kyle Weinhold

Top Songs of February 2014 an Eclectic Mix

Arts/Entertainment

The average American listens to three hours of music every day. Music can be inspiring, motivational, or relaxing. Pop music dominates most radio stations.

It is difficult to predict which songs will become popular and place highly on the charts. New trends start quickly, and some popular songs can fade out in a matter of weeks, while others dominate for months on end. Here is a look at the top 10 songs of February 2014.

Coming in at number ten is "Pompeii," by Bastille. Produced by the British band Bastille, it is the fourth single from their debut studio album *Bad Blood* and the first to get major airplay and promotion.

"I love the song 'Pompeii' because of its amazing beat," junior Elizabeth Faust said.

Number nine on the charts for February is "Royals," by Lorde. With this smash hit, Lorde was the first New Zealand solo artist to have a song chart in the United States.

"The second this song comes on the radio, I just have to sing along," junior Dana Snyder said.

Lorde scored back-to-back songs with her "Team" placing at number eight.



"Lorde is just someone I like to jam to all of the time," junior Jocelyn VaNess said.

At number seven is Passenger with "Let Her Go." This song was released 24 July 2012. It finally started to make it onto the hottest charts after a year of being under radar.

"This is one of my favorite songs of all time," sophomore Bella Abrams said.

The February chart had "Talk Dirty" by Jason Derulo featuring 2 Chainz at number

six. This song was released in September 2013 and has been working its way up the charts ever since. "Talk Dirty" is from Jason Derulo's album *Tattoos*.

"It's just one of those songs that puts you in a good mood no matter how you are feeling," junior Cyre Virgo said.

Coming in at number five is "The Monster" by

Eminem and Rihanna. "The Monster" was released on 28 October 2013 and is still getting heavy airplay on radios in February.

"This is my favorite song on the February chart," junior Brendan Homan said.

A Great Big World featuring Christina Aguilera with "Say Something" came in at number four. This song was released 8 February 2014, making the top half of the February chart.

"To be completely honest, that song is so annoying," junior Mitch Kinek said.

Number three was One Republic with "Counting Stars." This was One Republic's third single for their album being released in 14 June 2013.

"Easily the best song that I have heard," junior Brandon Royer said.

Coming in at number two was "Timber" by Pitbull featuring Ke\$ha.

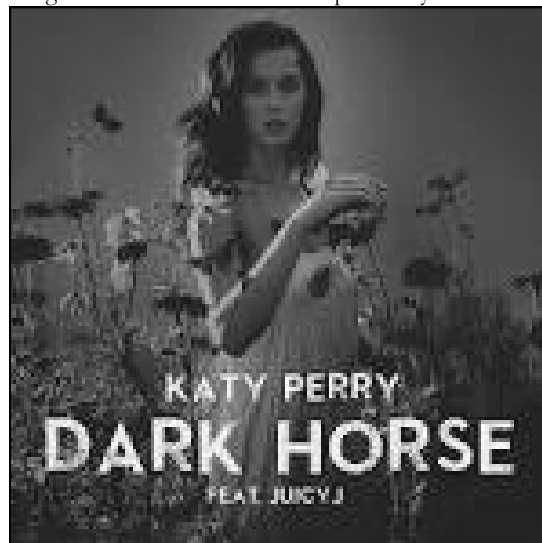
"This song was stuck in my head for a couple of days after I first heard it," junior

Ryan Gantz said.

The number one song of February 2014 is "Dark Horse" from Katy Perry featuring Juicy J. "Dark Horse" was released on 17 September 2013.

"This song is my jam," sophomore Nick Daniels said.

By Austin Young



Live Better and Live Positively

Health/Medicine

Having a positive attitude, a healthy diet, and understanding your own body and limits are essentials in feeling better about life. Boosting your own self-esteem and not waiting for others to do that for you will help you feel powerful and confident. Every morning, tell yourself, "I am beautiful, I am proud of myself, what I do today will matter, I will be successful, I am enough, I am unique, and I have something different to offer." Being positive will attract positive energy and relieve stress. Learn to say "No." Being assertive and in control without being rude is a good way to be on top. Saying "no" to corrupting energies will keep you pure and feeling better. Ask for help, and do not be afraid to ask questions and learn something in your day. Writing your feelings down periodically will help you to vent and burn steam because bottling up anger and having too much on your mind can be overwhelming. Find something in your everyday view that will inspire you.

Exercising and stretching in any

spare moment keeps muscles loose and relaxed. Tense muscles can make you stressed and distracted during your day. Taking a deep breath and drinking plenty of water will help to make you feel awake and alert. There are some natural oils that will help your body. Peppermint not only freshens breath, but it also will relax your stomach and soothe muscles. Sesame oil is best known for moisturizing hair and skin cells. Lavender calms nerves and relaxes you. Black pepper soothes muscles, heals your body, and undoes cramping. Many organic oils can heal the human body. Some people actually center their lives around these herbs and spices. Feeling good about your body and health pushes you and will make you get through your day. Your day will drag on if you are stressed, tense, and feeling fatigued. Keep up with your health, and you will be happier later on in life when age becomes more than a privilege.

By Kelsey Steiner

High-Paid Athletes Break the Bank

Sports

As many may know, professional sports are an extremely high-paying industry in the world right now. Many may not know the exact figures earned by the best athletes in the world. The numbers on this list are, quite honestly, unbelievable. Ranking at number ten in the charts is American Quarterback all-star, Peyton Manning. Known by many as the best quarterback in football at the moment, the man is also pulling in a large amount of money. With a total earning of \$42.4 million, the thirty-eight year-old definitely has plenty of cash to retire in the near future. Coming in at number nine is world superstar soccer player, Cristiano Ronaldo. Considered the best player in the world right now, he is also the richest soccer player in the world who is still playing, earning a total of about \$42.5 million. The Portuguese winger is full of confidence right now and is scoring goals with flying colors. He is also a superstar off the pitch; Cristiano makes \$22 million just in endorsement deals. "Cristiano is playing extremely well at the moment, and he obviously makes a lot of money too," sophomore Greg Kambakis said.

After Ronaldo is former soccer player and global household name David Beckham. Becks earns an incredible \$37 million in just endorsement deals, and a total of \$46 million. He is also one of the most well-known names in all of soccer history. Number seven is golfer Phil Mickelson who was inducted into the golf hall of fame in May. The golf legend earns around \$47.8 million. Most of that money coming from, again, endorsements--about \$43 million of it! Mickelson has achieved many feats in his illustrious career and is considered an all-time great. Kobe Bryant is number six: five-time NBA champion, one of the best scorers of all time, definitely one of the best ever. He takes in \$52.3 million total, and he deserves it. Although he is not quite the best anymore, he is still one of the basketball greats. Known as the best tennis player ever, Roger Federer is still going strong in his sport

and his savings account. Raking in \$52.7 million, he's living large. He receives a large amount from endorsements, between long-term deals with Nike, Rolex, Wilson, and Credit Suisse. Roger also earned about \$71 million in career prize money. The best basketball player in the game right now, LeBron James, comes in right after Roger Federer. King James, who is already compared to all-time basketball great Michael Jordan, earns \$53 million a year, making him the highest paid player in the NBA. It is a deserving number considering he led the Heat to two NBA Championships in a row. "He's the best player in the NBA; it's as simple as that," junior Matt Masenheimer said. At number three is another golfer, Tiger Woods. Woods has not really been himself lately, but before he lost it for a bit, he was the best golfer in the world, and maybe ever. Woods is a rich man after winning over \$100 million total prize money in his career and about \$59.4 million yearly. Even though his game hasn't been "up to par" lately, he still brings in a fat amount of cash. The top two highest paid athletes are both boxers. Can you guess them? If you said Manny Pacquiao and Floyd Mayweather, then you are correct. They are the two best fighters in the world and also the highest paid athletes in the world. Pacquiao earns \$62 million yearly and Mayweather earns \$85 million. Floyd has earned his nickname of "Money" Mayweather, as he is indeed the highest paid athlete in the world. It is surprising, though, that boxers make the top two highest paid athletes in the world, as boxing is not the most popular sport at the moment.

By Tyler Rapposelli

After-School Snacks Need Not Be Fatty

How-To

It's after school, and you're rummaging for a snack, but you're getting sick of eating fatty foods. There are plenty of healthy after-school snacks to eat. Be creative in your choices. There are so many combinations and healthy ways to snack. It's a well-known fact that eating small amounts of foods throughout the day will keep you from overeating at lunch or dinnertime. Most of these nutritious suggestions can be eaten for breakfast as well, but remember that eating a big breakfast is good for you and gets you through your day. Apples dipped in Nutella or peanut butter is a juicy and healthy choice. You could also try freeze-dried fruits, which give you a smaller non-juicy snack. Frozen blueberries and yogurt give you your daily dairy, and blueberries are great for you. Grapes and cheese plates can be put together fast and are a sweet taste with the wonderful saltiness of different kinds of cheeses. Any types of fruits to snack on is a healthy and smart choice, and there are so many options, so try something new. To make your fruit more interesting, try blending fruits and some yogurt and make a fruit shake. "I sometimes have fruit or fruit shake after school," Senior, Francesca Medy said. Vegetables are great for you: celery and peanut butter, carrots and ranch, raw bell peppers, raw sugar snap peas, turkey and veggie rollups, kale chips, zucchini chips, raw broccoli, and so much more. There are plenty of combinations to create with veggies. If you are a fan of tomatoes, try feta cheese and olive

oil with tomatoes as a choice for your afternoon hunger. Raw veggies are very good for you, but if you're not a fan, try boiling them in water and eating a veggie bowl. You can also make veggie shakes as well. Dairy products are essential for daily diets. Yogurts and oats, Yogurt and berries, honey bunches of oat cereal and yogurt, string cheese, etc. A tall glass of milk fills you up and gives you the illusion of a full tummy to hold you over until dinner. Eating cheese plates in small amounts, such as cheese and crackers, is a healthy snack. Some other random choices include hard-boiled eggs, pretzels and dip, muffins, brown rice, mixed nuts, roasted chickpeas, mixed nuts, hummus and crackers, whole grain cereal, oatmeal, popcorn, pudding, plain waffles, sweet potato French fries, salads, or even Ritz crackers with Peanut butter and fluff or jelly to make a mini PB&J. If you're having a late dinner and have enough time, try making your own dips. You can easily make a chicken buffalo dip, spinach and artichoke dip, cream cheese and chive dips, cheddar cheese dips, etc. Using corn chips, pretzels, or crackers as your dipper is a yummy suggestion. Remember that this list is by far not all the delicious treats you can make. In the end, eating healthy makes you feel better than chocolate does. Add some of these to your shopping list and try out some combinations of healthy foods.

By Kelsey Steiner

Relay Team Runs to Save Lives

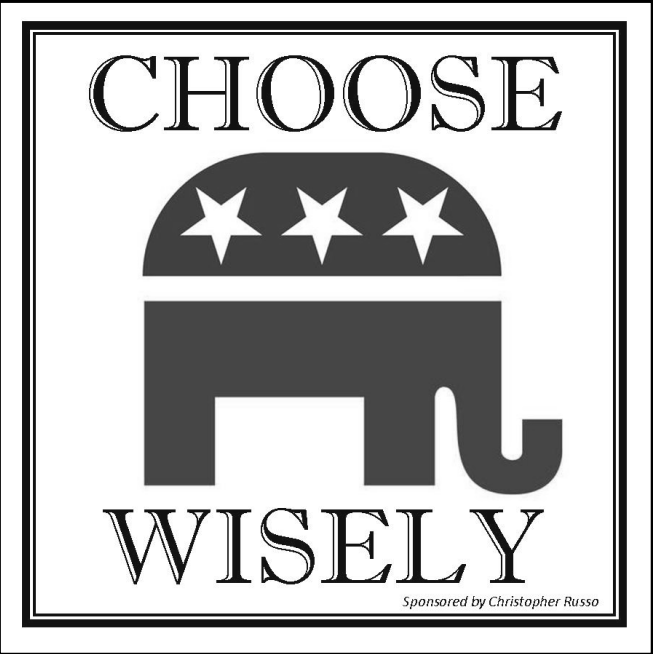
Health/Medicine

The Fleetwood Tigers Relay for Life team will be hosting their first annual Run for a Life on Saturday, 26 April, at 11:00 am. Registration will begin at 10:00 am. All of the proceeds will be given to the American Cancer Society to help finish the fight against all forms of cancer. Along with a 5K course, which will be run on the high school cross country course, there will be a one-mile fun run or walk (also held on the cross country course) and a half mile kids' run for ages ten and under, which will be held on the track in the Fleetwood stadium.

The cost of the 5K run or the one-mile run is fifteen dollars; the run including a race shirt is twenty-five dollars. The kids' run costs eight dollars; the run including a race shirt is eighteen dollars. Extra shirts will also be sold on the day of the event at the registration desk for fifteen dollars. The t-shirt design is designed by Fleetwood students in the high school art department. Refreshments and music will be available for all runners and spectators. Vendors have not yet been confirmed, but the Relay for Life team is hoping to have activities available for all who attend.

This event will be held on the Middle/High School campus. Free parking will be available in the high school and middle school parking lots. Registration forms will be available at participating businesses or by emailing fleetwoodtigersrelay@gmail.com. They will also be available on the day of the event at the registration table, but a shirt will not be guaranteed if you register the day of the race. The Relay for Life team hopes many people will come out and run and/or walk for the good cause. "It sounds like a good fundraising opportunity for a good cause," senior team member Tessa Swider said. "I think it'll be a great turnout and that the run is for a brilliant cause and everyone should attend," senior team member Adriana Zuniga said.

By Holly Wagner



Fourth FAHS Shakespeare Field Trip Imminent

School

Fleetwood Area School District has always incorporated reading Shakespeare into its curriculum. Students read "Romeo and Juliet," "Julius Caesar," "Macbeth," and sometimes "The Taming of the Shrew" for a quarter in their English classes.

Four years ago, Fleetwood began attending a Shakespeare play in Philadelphia at The Philadelphia Shakespeare Theatre. If students are interested in attending the play, sign-up sheets are available at the start of the school year.

"It would be a great experience to see the play live and to explore the city. I enjoy doing it," twelfth grade English teach-

er Mr. Marc Walter said.

Chaperons and students ride to Philadelphia in a Bieber Bus. The busses leave the school at 7:15 AM. Everyone arrives in Philly at approximately 9:00 a.m. and divides into five groups. Once everyone is in his or her group, they go to a breakfast restaurant of the group's choice.

They have to meet at the theatre by 10:00 a.m. for the play to begin, and it is not over until 1:00 p.m. After the play is over, the actors and actresses come back onstage to answer any questions the audience has.

Once the play is over, students and staff will return to the bus for the ride home.

Pizza is ordered for everyone to eat on the way back. This year, there are seventy-seven total people from Fleetwood going to see the "Romeo and Juliet" play. Next year, Mr. Walter's goal is to sell out the theater. To sell out the theater, 120 tickets need to be sold.

Fleetwood teachers think that it is a great experience to be able to see the play "Romeo and Juliet" how it is supposed to be performed after reading it in class. Students always seem to enjoy seeing the play. There are not any assignments that go along with the trip.

By Mia Nowotarski

NHL Players in Olympics Spark Controversy

Sports

Are the 2014 winter Olympic games the last time we will see NHL players in the Olympics? Players from the NHL (National Hockey League) have been allowed in the Olympics since 1998, but 2014 may be the last year we will see them in the Olympic Games. Owners of NHL teams have been raising issues regarding their players getting injured in these games, and they may not allow these players to play in the 2018 Olympic Games in South Korea.

Besides the fact that NHL players must cram their game schedules to fit the Olympic schedule, there are many other reasons why NHL players may not participate in the Olympics.

One of the main reasons is the risk of injury. John Tavares, captain for the New York Islanders, tore his MCL while playing for team Canada, ending his NHL season. Also, Henrik Zetterberg suffered a herniated disk, which required surgery and two months of recovery. These injuries encouraged many owners to ban players from playing in the Olympics.

Many of the NHL players, including Zach Parise, the United States captain and Minnesota Wild player, support playing in the Olympics. These players love playing and supporting their country in the Olympics. The ten-day break also comes as a welcome relief to the NHL players not playing in the Olympics.

However, NHL owners may choose money over their country. These owners use the NHL to get billions of dollars. Events such as the outdoor NHL games in the winter are just a few ways that these owners use this league strictly for financial reasons and not for the prospects of their country potentially winning the Olympics.

If the NHL players are taken out of the Olympics, these owners do not have to worry about star players becoming injured. Star players often carry huge fan-bases, which means more people coming to games and more money being made. If these star players would happen to get injured in an Olympic game, that could potentially ruin their NHL career, which concerns some of the NHL owners.

Instead of the Olympics, many NHL officials were considering starting up the World Cup of Hockey again. This world cup has not been played since 2004, but it may return as an alternative to the Olympics. These games may be played in the summer of 2016, so the NHL schedule will not be affected. The NHL would be able to control these games, maintain all injuries, and also get all of the funds from the games. Officials think this may be the ultimate idea, but the final decision should be made within the next six months.

By Michael Osenbach



2014 Major League Baseball Training Underway

Sports

The 2014 MLB season has started up with spring training underway. Many teams are looking to bounce back after missing out on playoffs in 2013. There are also teams that are predicted to remain at the top of the league. Big teams that should be back on track for the 2014 season after missing the playoffs last year are the New York Yankees, Washington Nationals, and the Los Angeles Angels.

The New York Yankees had a lot of trouble last season. The much publicized scandal involving Alex Rodriguez and performance-enhancing drugs cast the organization in a negative light. Their captain, Derek Jeter, missed a huge portion of the season due to injury. Mark Teixeira and Curtis Granderson also missed extended portions of the season. They only ended up with 85 wins last season, falling short of the postseason.

"With the whole Alex Rodriguez scandal in the middle of the season and the injuries to key players, it was hard for them to perform well," senior Kyle Young said.

The Los Angeles Angels were a huge

disappointment last season. With an excellent pitching rotation in Jared Weaver and C.J. Wilson, the team was predicted to be a top contender of the American League. High expectations also abounded for their offensive lineup, which included Albert Pujols, Mike Trout, and Josh Hamilton. Despite an outstanding year from Mike Trout, their offense struggled, and they did not even finish .500. They are expected to bounce back this season by adding David Freese and Raul Ibanez to their lineup.

"I am curious to see how the Angels actually perform this year," junior Frankie Talirico said.

The Washington Nationals are also looking to bounce back after last season falling 10 games behind the Atlanta Braves in the N.L. East. The Nationals were predicted to win their division last season, and, despite falling short last year, expectations are high again for the team this year.

They have one of the best pitchers in

the league today with Stephen Strasburg. Their pitching rotation is also one of the deepest in the league, with Gio Gonzalez and Jordan Zimmermann putting up ace-worthy numbers in their own right.

The Nationals also have a formidable offensive lineup of mostly homegrown talent that, if it remains healthy, could give them the edge over the Braves in the NL East. Ryan Zimmerman, Jayson Werth, Bryce Harper, and Ian Desmond are all expected to have big years. They might need one or two more hitters to step up.

Matt Williams came in to replace Davey Johnson as manager in the offseason for the Nats. Although Johnson did a fine job, he disappointed many after his lofty promises of going far into the playoffs fell flat. Williams brings a more realistic, day-to-day approach to the team.

Phillies fans can expect a disappointing year from their team, which is predicted to finish last in the N.L. East.

"I hate the Braves, and watching them win their division was awful. I would love to see the Nationals win it this year," junior Matt Hook said.

By Austin Young

This Week in History: April 20-26

History

April 20
1775 - British begin siege of Boston (Revolutionary War).
1809 - Napoleon I defeats Austria at Battle of Austerlitz, Bavaria.
1836 - Territory of Wisconsin created.
2010 - Deepwater Horizon drilling rig explosion kills 11 and causes rig to sink, initiating a massive oil discharge in the Gulf of Mexico.

April 21
753 BC - Romulus and Remus found Rome (traditional date).
1789 - John Adams sworn in as first US Vice President (9 days before Washington).
1898 - The Spanish American War officially begins.
1918 - World War I: German fighter ace Manfred von Richthofen, known as "The Red Baron," is shot down and killed over Vaux sur Somme in France.
1945 - World War II: Russian army arrives at outskirts of Berlin.
1975 - Last South Vietnam President Nguyen Van Thieu resigns after 10 years.
1989 - Thousands of Chinese crowd into Beijing's Tiananmen Square; cheering students demand greater political freedom.

April 22
1509 - Henry VIII ascends to throne of England.
1876 - Tchaikovsky completes his "Swan Lake" ballet.
1898 - U.S. President McKinley orders blockade of Cuban harbors.
1981 - More than \$3.3 million is stolen in

the largest US bank robbery (Tucson, Arizona).
1993 - Holocaust Memorial Museum dedicated in Washington, D.C.

April 23
1597 - William Shakespeare's "The Merry Wives of Windsor" is first performed, with Queen Elizabeth I of England in attendance.
1861 - Robert E. Lee named commander of Virginia Confederate forces.
1949 - Chinese Red Army conquerors Nanjing.
1969 - Sirhan Sirhan sentenced to death for killing Bobby Kennedy.
1995 - President Clinton declares a national day of mourning for Oklahoma City.

April 24
1184 BC - The Greeks enter Troy using the Trojan Horse.
1907 - Hershey Park, founded by Milton S. Hershey for the exclusive use of his employees, is opened.
1961 - JFK accepts "sole responsibility" following Bay of Pigs.
1990 - The 66th U.S. manned space mission STS 31 (Discovery 10) launches into orbit.
2013 - 256 people are killed and 1,000 are injured after a building collapses in Savar Upazila, Bangladesh.

April 25
1792 - The guillotine is first used, with the first victim being highwayman Nicolas J. Pelletier.
1862 - Union captures New Orleans, LA, under Flag Officer Farragut.

1905 - Whites win right to vote in South Africa.
1945 - World War Two: Russian army completely surrounds Berlin.
1971 - About 200,000 anti-Vietnam War protesters march on Washington.

April 26
1514 - Copernicus makes his first observations of Saturn.
1721 - Smallpox vaccination first administered.
1982 - Argentina surrenders to Britain on S. Georgia, near Falkland Island.
1986 - The fourth reactor explodes in Chernobyl, USSR, killing 31 and resulting in the worst nuclear disaster in history.

By Kyle Weinhold

John Rivers Veterans Center

WELCOME HOME

★ ★ ★

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New Fashion Trends Sprout for Spring Season

Fashion

The 2014 spring wardrobe is a unique and tasteful collection. Different styles and trends are breaking out into stores. Long shorts are out, and short shorts are in. Stripes and leather were last year's trend, but this year soft pastel colors are in.

"My favorite clothing to wear in the spring is short sleeve shirts and shorts," sophomore Sophia Hadeed said.

Spring collections involve long skirts, crop tops, and quarter-length tops. Some of the pants styles are boot cut or capri pants. More pastel colors and fewer patterns were added to this year's collection. But one pattern that will never go out of style is flowers.

"I like wearing capris and cute blouses," junior Irene Licari said.

Crop tops are always the way to go if you cannot figure out what to wear. Crop tops compliment high wasted shorts. The bomber

jacket is out for the year. Pastel yellow, blue, and pinks are the newest trend for this year's style. Pumps and wedges are also a favorite for the new spring line.

According to Vogue, the Hawaiian pattern is always in. Sixties-style clothing is also coming back in 2014. Vogue trends are colorful and exotic. They also go for that cultural look with different patterns and bright colors.

"I like to wear jeans, capris, and a nice shirt," junior Cyre Virgo said.

Seventeen Magazines is sharing all the accessories for this year's spring collection. To get a retro look, go with the cat-eye sunglasses. Turquoise jewelry is in; it also helps you pull off a bold look with a simple black dress. Gladiator sandals can help you pull off an edgy look.

"Cargo shorts and t-shirts is what I usually wear in the spring time," freshman Luis

Leon said.

InStyle.com says mesh is a trend you can wear all the time, be it spring, winter, fall, or summer. It looks good with a colored bandeau and a flared pair of pants. Long skirts are in and are not going anywhere. This year, colors for long skirts are bright and bold. Pastel colors are the new thing this year; they can help you pull off that sweet look that you're looking for. To help mix things up, black and white can help you pull off a cool, contrasting style.

Style.com has amazing facts on the new trend of shoes for this year's spring styles. Colorful wedges are also high fashion this year. Also, ancient Greek sandals are very trendy. Exotic pumps are a must for this year's fashion trend. A pair of red pumps with the toes out is very

stylish with a sleek, long skirt.

By Emily Moyer



What Happened to Tiger TV?

School

In the past years at Fleetwood Area High School, students and staff have been treated to a weekly news/variety program put together by Mr. Sean Gaston and the TV media students. This year, Gaston decided not to run Tiger TV.

"Just talk to some of the junior or seniors that are in TV media 1 and 2," Gaston said.

"No one really does their projects on

time or even takes them serious anymore besides a select few," junior and media 2 student Frankie Talarico said.

In the past, students enjoyed Tiger TV. It always aired on Friday, and students looked forward to watching it every week.

"It's not like the projects were hard or anything; people were just too lazy to put the effort in," junior Brody Cargen said.

People not taking this class seriously ruined something that a lot of people enjoyed. A lot of students would be happy if Tiger TV came back on the air. It brightens up everyone's mood and gives students a laugh or two every episode.

By Michael Osenbach

Lasagna Grilled Cheese Sandwiches Are Fun and Easy

How-To

Grilled cheese sandwiches are great for making you feel better on a cold night. To make things even more interesting, combine them with Mama's homemade lasagna and make lasagna grilled cheese sandwiches! This recipe makes two sandwiches.

For ingredients, you will need to grab four slices of any kind of bread you like, 2 tablespoons of unsalted butter with a dash of olive oil, 1/2 cup of part skim ricotta cheese, 2 tablespoons of chopped fresh basil, salt and pepper to taste, one 14 ounce can of cherry tomatoes, 1/2 cup of shredded mozzarella cheese, and extra salt and pepper for seasoning.

Now that we have everything in place, lay the bread out on the counter to begin. In a medium pan, melt butter over medium heat. In a bowl, mix together ricotta cheese, basil, salt, and pepper. Top each slice of bread with some mozzarella cheese and top the cheese mixture with smashed cherry tomatoes. Sprinkle some salt and pepper. Then spread the other two pieces of bread with ricotta cheese.

Combine the two sandwich halves and grill on both sides until golden. For even more yumminess, try boiling lasagna noodles and slicing them small enough to add to your sandwich.

Being creative is how these things are made!

By Kelsey Steiner

Random Cheese

"See every state in the Untied States." 9th grader, Katelyn Schoener

"I would want to go to Hawaii." 9th grader, Morgan Weidemoyer

"Before I die, I want to fly a plane." 12th grader, Corey Campbell

"Make it to the NHL." 11th grader, Rocco Russo

"Before I die I, would love to learn how to surf." 11th grader, Jill Rouse

"Travel to Spain." 12th grader, Alex Merceron

When time runs short...

What Do You Want to Do Before You Die?

By Emily Moyer

"I want to rent a camper with my family and travel across the states." Science teacher, Erin Follweiler

"Before I die, I want to travel to Germany." English teacher, Sara Wilkinson

"I would love to go scuba diving before I die." 9th grader, Adrian Willaims

"I would want to go sky diving." 10th grader, Lizzie Gessey

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